

## Booking procedure

To book, you will need to register for an online account - click [here](#) to register and then you will be able to book your activity sessions.

Here are the Instructions to help you to book your activity sessions:

- ✓ Click - Member Log In and use your email address and password  
Click – ‘Sessions’ for gym, swimming and group classes and ‘Courts’ for squash & badminton
- ✓ Choose your centre
- ✓ Choose your class (be it gym, group class or swimming)
- ✓ Choose your date
- ✓ Click search (don’t use the arrow if there is one – click on the word)
- ✓ Choose the session you want and tick the box
- ✓ Add to basket
- ✓ Click confirm (not the arrow)
- ✓ Go to ‘My Account’, to view or cancel bookings

You will also receive a confirmation email for each booking or cancellation you make.