

Disability Sportslink

SUMMER ACTIVITY PROGRAMME FOR CHILDREN WITH A
DISABILITY

AT CASCADES LEISURE CENTRE

Thong Lane, Gravesend, DA12 4LG.

01474 337471

£3.20 per hour session. Siblings may join in for £1.00

Parents/ carers must remain for the duration of the activity.

All activities must be booked and paid by the Friday prior to the date of the activity of your choice.

Mondays = Goalball 10am-11am, 8-14yrs

(All participants must be ambulant and will wear blind folds for this activity)

Tuesdays = Trampolining 3-4pm, 5yrs +

(All children must be able to climb on and off a trampoline without assistance)

Thursdays = Trampolining 3-4pm, 5yrs +

(Children must be able to climb on and off a trampoline without assistance)

Fridays = Badminton 12-1pm, 8 yrs +

This programme will be repeated for 5 weeks during the summer. See below for dates.

Week 1, 28th July – 1st August

Week 1 sessions must be booked by Friday 25th July

Week 2, 4th – 8th August (no Goalball)

Week 2 sessions must be booked by Friday 1st August

Week 3, 11th – 15th August (no Goalball)

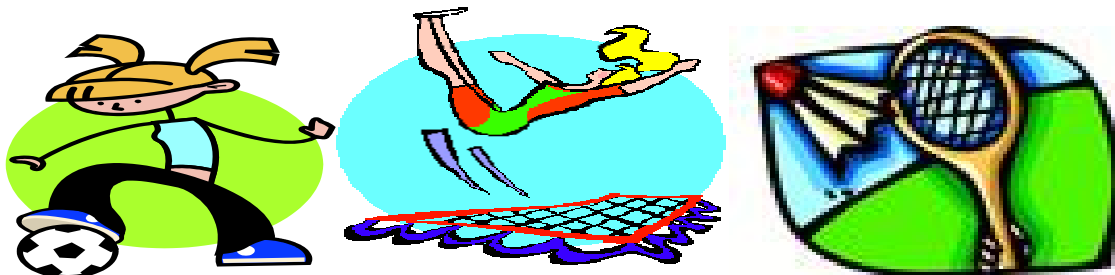
Week 3 sessions must be booked by Friday 8th August

Week 4, 18th – 22nd August

Week 4 sessions must be booked by Friday 15th August

Week 5, 25th – 29th August

Week 5 sessions must be booked by Friday 22nd August



Please note that Disability Sportslink does not guarantee the suitability of each activity for individuals. Please call The Sportslink Team on 01474 536254 or reception 01474 337471 for guidance or advice.