

Swimming Holiday Time Table

Cygnnet Leisure Centre Tel: 01474 337484-5

Monday

Early Bird Swimming	7.00am - 8.30am
Bizz Kidz & Swimming Lessons	9.00am - 10.00am
Family Fun Hour	10.00am - 11.00am
General Swimming	10.00am - 6.45pm
Diving Boards	11.00am - 4.00pm
Lunch Time Dip	12.00pm - 1.30pm
Gravesend & Northfleet Swimming Club	7.00pm - 9.30pm

Tuesday

Early bird Swimming	7.00am - 8.30am
Bizz Kidz & Swimming Lessons	9.00am - 10.00am
Family Fun Hour	10.00am - 11.00am
Diving Boards	11.00am - 4.00pm
General Swimming	10.00am - 7.45pm
Lunch Time Dip	12.00pm - 1.30pm
Over 25's	8.00pm - 9.30pm

Wednesday

Early Bird Swimming	7.00am - 8.30am
Bizz Kidz	9.00am - 10.00am
50+ Swimming & Swimming Lessons	9.00am - 10.00am
Family Fun Hour	10.00am - 11.00am
Diving Boards	11.00am - 4.00pm
General Swimming	10.00am - 8.30pm
Lunch Time Dip	12.00pm - 1.30pm
Sub Aqua Club & Adult Lessons	8.30pm - 9.30pm

Thursday

Early Bird Swimming	7.00am - 8.30am
Bizz Kidz	9.00am - 10.00am
Ladies Only Swimming & Swimming Lessons	9.00am - 10.00am
Family Fun Hour	10.00am - 11.00am
Diving Boards	11.00am - 4.00pm
General Swimming	10.00am - 6.45pm
Lunch Time Dip	12.00pm - 1.30pm
Ladies Only Swimming	7.00pm - 9.30pm

Friday

Early Bird Swimming	7.00am - 8.30am
Bizz Kidz, Swimming Lessons & Aquacise	9.00am - 10.00am
Family Fun Hour	10.00am - 11.00am
Diving Boards	11.00am - 4.00pm
General Swimming	10.00am - 6.45pm
Lunch Time Dip	12.00pm - 1.30pm
Gravesend & Northfleet Swimming Club	7.00pm - 9.30pm

Saturday

Gravesend & Northfleet Swimming Club	7.45am - 9.45am
General Swimming & Swimming Lessons	10.00am - 4.45pm
Diving Boards	11.00am - 4.00pm
Disability Swimming	5.00pm - 6.00pm

Sunday

Adult Fitness Swim	8.45am - 9.45am
Family Fun Hour*	10.00am - 11.00am
Diving Boards	11.00am - 4.00pm
General Swimming & Birthday Parties	11.00am - 4.45pm
Life Saving Club	5.00pm - 7.00pm
Gravesend & Northfleet Swimming Club	7.00pm - 9.00pm

*Sunday 10.00am - 11.00am Family Swimming

■ **one child goes FREE per full paying adult**

*After School Swimming 3.30pm - 4.30pm

■ **50% reduction on admission price** (Juniors only)